

A Comparative Analysis of Generic Drug Assessment and Regulatory Approval in the USA, Europe and India

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Abstract

The Abbreviated New Drug Application (ANDA) is used for the regulatory submission of generic drugs, which are pharmaceutical equivalents to brand-name drugs and distributed without patent protection. Different countries have their own regulatory requirements for the approval of generic drugs, enforced by authorities such as the CDSCO in India, EDQM in Europe, and USFDA in the United States. This review aims to compare the regulatory processes and requirements for generic drug approval in India, Europe, and the US, highlighting key differences and challenges. The involvement of regulatory authorities in the drug development process is crucial for expediting approval and addressing queries, helping to minimize delays. The Common Technical Document (CTD) format is employed across regions to harmonize submission requirements. This study underscores the differences in dossier submission for generics across the three regions, illustrating India's position in the global generic drug approval landscape. By comparing approval requirements, this work provides insight into the hurdles India must overcome to streamline its approval process. The ANDA allows generic manufacturers to submit bioequivalence studies, using the original innovator's safety and efficacy data. However, obtaining approval simultaneously from multiple regulatory authorities remains a challenging task. Careful review of regulatory documents by skilled personnel can reduce regulatory queries, ultimately accelerating the market launch of generic drugs. This review provides a comprehensive overview of the generic drug approval process, emphasizing the need for harmonization and improved efficiency in India's regulatory framework.

Keywords

Generic Drug, Regulatory Approval, Abbreviated New Drug Application, Common Technical Document

Introduction

Life expectancy of patients has increased globally

during the last three decades due to the new drug discovery (brand-name drugs) as well as generic drug production. It is well known that most health

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care interventions occur through medication. The rising cost of medication has been contributing to the total overall cost of healthcare and thus receives considerable attention globally. A major strategy for lowering the cost of medication, and thereby reducing its contribution to total health care costs, has been the introduction of generic equivalents of brand-name drugs (innovator drugs).[1-4] This strategy has been effective in reducing total prescription cost by 11% without sacrificing quality.[5] Generic drugs have captured more than 65% of the global market.[6]

Facts about generics and generics drug applications (ANDA)

- Generic drug applications are termed "abbreviated" because they are generally not required to include preclinical (animal) and clinical (human) data to establish safety and effectiveness.
- Generic applicants must scientifically demonstrate that their product is bioequivalent (i.e., performs in the same manner as the innovator drug).
- Bioequivalence is generally determined by measuring the time taken for generic drug to reach the bloodstream in 24 to 36 healthy, volunteers. This gives the rate of absorption, or bioavailability, of the generic drug, which can be compared to that of the innovator drug.
- The generic version must deliver the same amount of active ingredients into a patient's bloodstream in the same amount of time as the innovator drug. [7-8]

Goals of ANDA

- ✓ To reduce the price of the drug
- ✓ To reduce the time of drug development
- ✓ To increase the Bioavailability of the drug in comparison to the reference listed drug product.[9]

Generic drug marketing

To gain regulatory approval for the generic drug, all companies have to prove that its generic version is pharmaceutically equivalent to the original. If the generics chemical makeup is the same, it's assumed that the preclinical, clinical trials and research are as applicable to the generic drug as they were to the original. Regulatory requirements like forms, CTD format whatever is required to the respective country must be compiled by the applicant and submitted to the respective regulatory authority.

Regulatory authorities, regulatory aspects, and international efforts to harmonize approaches to bioequivalence assessment [10-11]

Due to significant recognition of the BA/BE concept all over the world, tremendous advancements have been made by the FDA as well as various national, international, and supranational regulatory authorities. In parallel, pharmaceutical industry and academia are also contributing exclusively in the area of assessment of BE. Currently available approaches to determine BE of generic products are largely standardized due to discussion and consensus reached among various stakeholders at numerous national and international meetings, conferences, and workshops (eg, American Association of Pharmaceutical Scientists, Federation International Pharmaceutics). Thus the currently available excellent scientific and regulatory guidance documents are due to the combined efforts of industry, academia, and regulatory scientists. Apart from the ICH and WHO other European and Asian organizations (national and international) are actively involved in harmonization efforts for assessing of BE and improving the quality of pharmaceutical products globally.

• INDIA

In India, drugs are regulated both at central and state level. At the state level, state drug regulatory authorities issue licenses to manufacture approved drugs to monitor the quality of the drugs along with Central Drugs Standard Control Organization (CDSCO). At the central level, CDSCO under the Ministry of Health and Family Welfare is responsible for approving of new drugs, clinical trials, and licensing of drugs in India; the regulation of drug, r-DNA, medical devices, and biological products is distributed within various ministries.[12]

• USFDA

In the United States, FDA is the drug regulatory authority for approving food, human and veterinary drug products that are to be marketed in the USA.[13]

• EMA

In Europe, European Medicines Agency is the regulatory agency for approving human and veterinary drug products centrally to market the drugs in European Union (EU). There is also entity National Competent Authorities for favorable the drug products in EU individual states. The objective of this study is to figure out the determinants for selecting a generic application and the rigid aspects concerned in generic drug development. Understanding the differences between three countries and highlighting the generic drug approval process in the US, EU, and India. Each and every study has some follows certain pathways and patterns to attain the goal.[14]

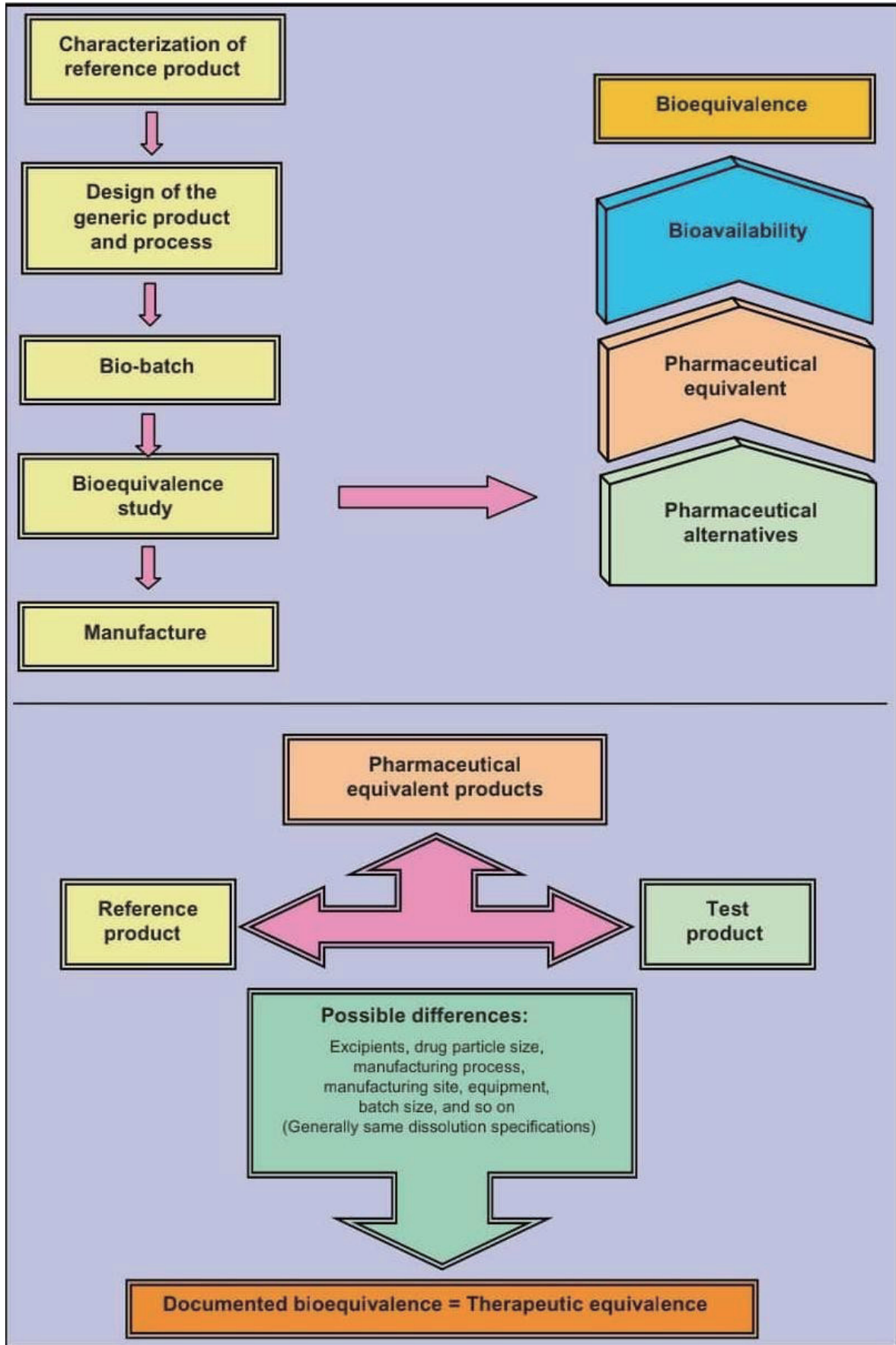


Figure 1: Critical pathway for the development of a generic drug product

Table 1: Comparison of ANDA approval process in USA, Europe, India

Comparison Categories	USA	Europe	India
Agency	United states Food & Drug Administration	European Medicines Agency	Central drug standardization control organization
Authorities Involved in review/ Granting Generic Drug approval	1. Centre for drug evaluation and research 2. Office of generic drugs.	1. European medical agency. 2. Committee for Human Medicinal Products 3. European union	1. Central drug control standardisation control organisation 2. Drug controller General of India
Application Type	ANDA- Abbreviated new drug application.	MAA-Marketing authorization application.	M&M
Registration Process	One registration process	Multiple registration process 1. Centralised procedure 2. Decentralised procedure 3. Mutual recognition procedure 4. National procedure	One registration process
Time Frame	18 months	12 months	12 months
Fee Structure	\$70,480	£ 27,800	\$58730
Presentation Format	eCTD	eCTD is mandatory for centralised procedure. For mutual recognition along with Nees and the paper submission for MAA, eCTD format are accepted.	Paper CTD
Data Exclusivity	Patent certification (paragraph I,II,III,&I V)	10 years	Approved drug in India: 4 yrs old & Less than 4 yrs old, Unapproved drug in India
Validity of License	Five years	Five years	Three years
Applicable Regulation	USFDA (CFR) documents and FDA section (e.g. 505 (j) for ANDA)	Directive 2001/83/EC-Article 8(j)	Drug and Cosmetics Rules 122A, 122B, Appendix I, IA of Schedule Y
Submission Requirements	Three copies- (Archival, Review & Field)	One Copy	One hard copy and 3 soft copies i.e. CD in (PDF format)

Review of ANDA Filing

• India[14]

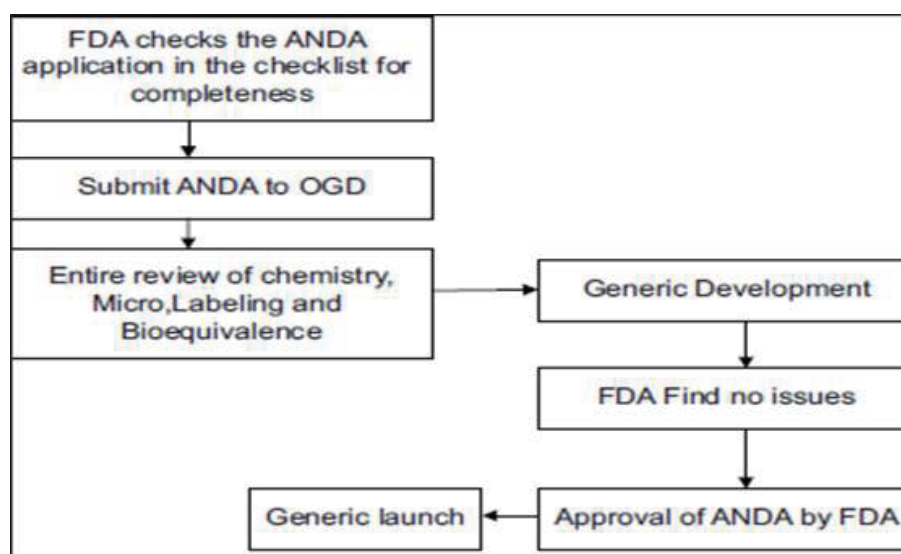
CDSCO is the Centre Drug Authority (CDA) for discharging function assigned to central government under D&C Act. In India issuance of license to manufacture approved drug, to monitor the quality are regulated both at state and central level. At the state level state drug regulatory authorities and at central level CDSCO under the Ministry of Health and Family Welfare (MHFW) are authorized for issuance of license.

• United States (US): FDA[15]

Hatch-Waxman Act intended to balance interests of consumers, the brand name pharmaceutical industry (innovator), and the generic drug industry to “make available more low-cost generic drugs and to create a new incentive for increased expenditures for research and development of certain products which are subject to pre-market approval” Title I of Hatch-Waxman Act authorized marketing of generic drugs on approval of abbreviated new drug application (ANDA). Under this ANDA can be approved on submission of evidence

Table 2: Comparison of bioequivalence guidelines of US, Europe, India[14-16]

Sr.No.	Criteria	FDA	EMA	CDSO
1	General	Single dose, non-replicate cross-over study for immediate release and modified release dosage forms and a single-dose, two-period, two-treatment, two-sequence cross study designs for fed BE studies.	Single dose, randomized, 2-Period, 2-Sequence cross over design.	Single dose, randomized, 2-Period, 2-treatment, cross-over study design.
2	Long half- life drugs/highly variable drugs	Non replicate single dose crossover with adequate washout period	Parallel design for long half-life drug and replicate for highly variable drugs.	Parallel design for long half-life drugs and replicate designs for drugs with variable disposition.
3	Blinding	Not specified.	Not specified.	Not specified.
4	Number of subjects	Healthy Volunteers, minimum number of volunteers to be taken in the study should be 12.	Healthy Volunteers, Minimum number of volunteers should not be less than 12 unless justified.	Healthy Volunteers, Not less than 16 unless justified for ethical reasons.
5	Gender of subject	Male/female; If drug product is intended for use in both sexes, attempt should be made to include similar proportions of females and males in the study.	Male and/or female.	Male/female; the choice of gender should be consistent with usage and safety criteria. If drug product is intended for use in both sexes, attempt should be made to include similar proportions of females and males in the study.
15	Posture/ Physical activity	Not specified.	Not specified.	Standardization of post- dosing postured is recommended.

**Figure 2:** Steps for launching of generic drugs

that the active ingredient of the generic drug is the “bioequivalent” of a drug previously approved by the USFDA Title II of Hatch-Waxman Act, this section provided specific extensions of patents covering drugs and other products subject to “regulatory review” by the FDA and government agencies. Under section 505 (j) of Hatch-Waxman Act, an ANDA may be filed for a generic version of any “listed drug.” Listed drug any drug for which an NDA has previously been approved is deemed to be a listed drug and is listed by FDA in the orange book. Drugs previously approved under ANDAs and antibiotics are also regarded as listed drugs. An ANDA must include all information required in an NDA except full reports of investigations demonstrating that the drug is safe and effective in use.

• **Europe: European Union (EU)[16]**

It is a unique economic and potential partnership between 27 countries of the Europe. There is one single market developed by Europe through a standardized system of laws also known as internal market apply in all member state. On 1st January 1994 the agreement of European Economic Area (EEA) was established between the member states of European Community (EC), the European Free Trade Association (EFTA), later on and the EU.5

Marketing Authorization (MA): A medicinal product may only be placed on the market in EEA when MA has been issued by the competent authority for the member state for its own territory. National

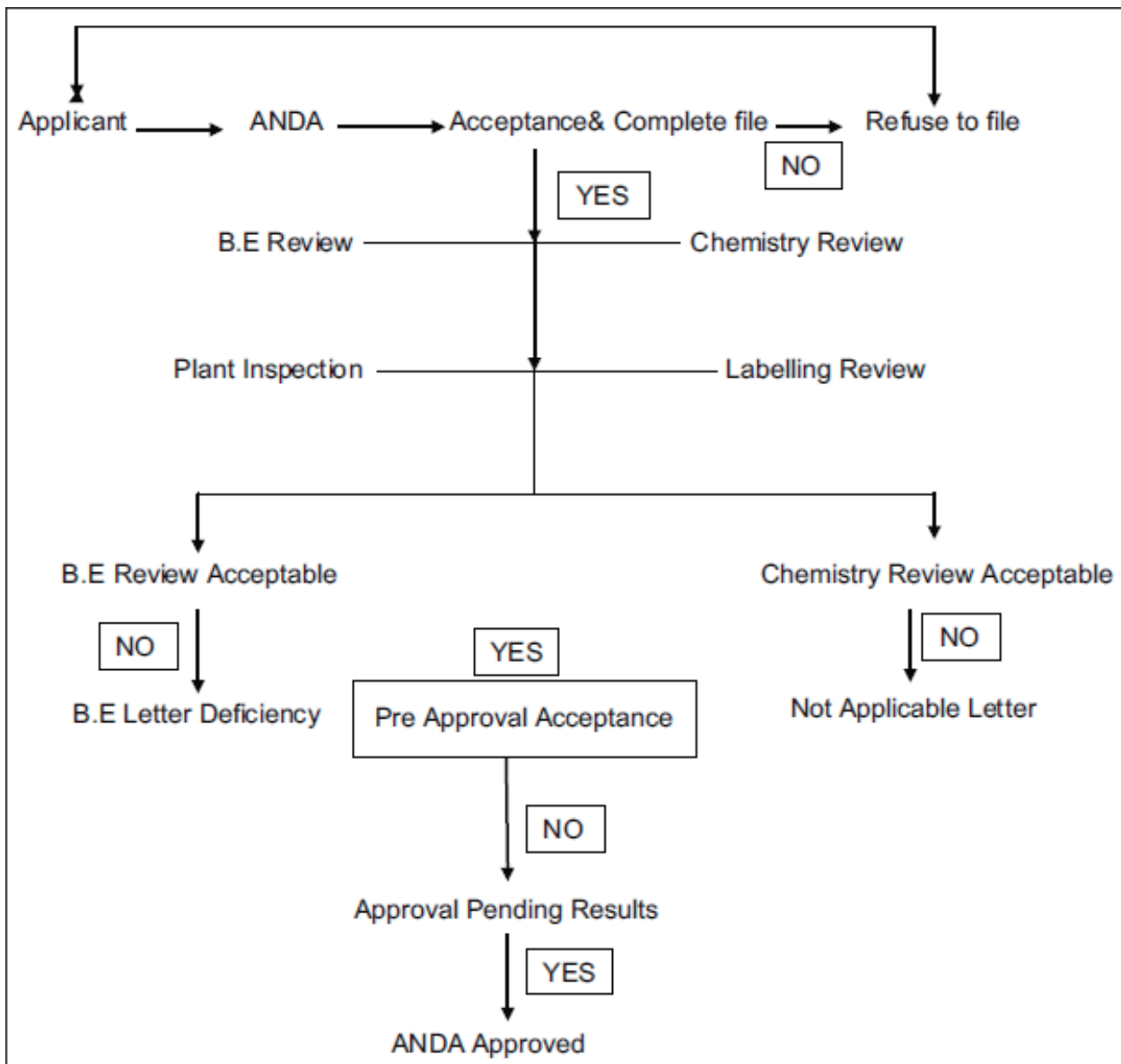


Figure 3: Abbreviated new drug application review process

authorization: Application must be submitted to the competent authority of the member state.

for Filing of Generic Drugs in India, Europe & US [14-16]

Comparative Study of CTD Requirements

Table 3: MODULE-1

S.No.	Parameters	India	Europe	US
1	General information Covering letter, Table of Components (Module 1 to Module 5)	Required	Required	Required
2 a)	Administrative information: Forms	Form 44 (See Annexure V) (Application for grant of permission to import or manufacture a new drug or to undertake clinical trials) Along with treasury challan of requisite amount Fee- Rs.15,000	Application form Fee- €278,500	Form 356h (See Annexure IX) (Application to market a New or Abbreviated New Drug or Biological for Human Use) Form 3794 (GDUFA Generic drug user fee cover sheet) Fee- \$58,530
b)	Agent authorization	Not required	Not required	Required
c)	Legal and critical document For	Copy of BE/NOC issued by CDSCO Copy of drug sale	Not Required	Field copy certification, financial
	Import and marketing for manufacturing and marketing	license (Form 20B, & Form 21B), Copy of Free sale certificate, Batch release certificate, Copy of Form 11 Copy of existing manufacturing license in Form 25/28/26 COA		Certification, debarment certification, patent information
d)	General information of drug product	Required	Required	Required
e)	Product information already approved in the country	Regulatory status in other countries	Required	Required
f)	Labeling	Summary of packaging procedures for Indian shipments Proposed draft labels and cartons: Primary package label Secondary package	Summary of Product Characteristics (SPC) Specimen for labels and cartons Mock-ups for outer and immediate packaging of medicinal product	Package inserts are provided for drug product. Labeling history also provided Proposed draft label for each strength and container including package size
g)	Annotated draft labelling (side by side) compared with RLD	Not Required	No annotation required as such but all information is provided in SPC and package insert	Required

h)	Summary of testing protocol	Required	Not required	Not required
i)	Medicinal product name specify in Braille format	Not required	Required	Not required
j)	Information (curriculum-vitae) about experts	Regarding involvement of expert	Non-clinical and clinical experts name, address, date and signature	Not required
k)	Request for waiver	Not required	Not required	Required
l)	Data/market exclusivity	Not required	Required	Patent certification
m)	Environment Assessment Statement (EAS)	Not required (GMO) or Non-GMO	Environment risk certification is given in the information for Genetically Modified Organism	For categorical exclusion certification in compliance with the law of Environmental Protection
n)	Risk management system	Not Required	Required	Risk management plan for the Policy Management System (PMS) and controlling the adverse effect by proper management
o)	Other Requirements	Brief profile of manufacturer research activity and its business activity in domestic and global market. Samples of drug product required	Information relating to Pharmacovigilance	Approved suitability petition must be submitted if required

Table 4: MODULE-2

S. No.	Parameters	India	Europe	US
1	(2.3) Quality based review	Not required	Not required	Required

Table 5: MODULE-3

S. No	Parameters	India	Europe	US
1	(3.2.S.1.1) Specified numbers	Chemistry Abstract Number (CAN)	CAN	Central File Number (CFN), Data Universal Numbering System (DUNS), Facility Establishment Identifier (FEI)
2	(3.2.S.4.6) Justification of Specification	Not required	Required	Required

3	(3.2.R) Regional Information	Not applicable	<p>i) Process validation scheme are provided</p> <p>ii) According to ICH limit mention in the Q3C(R3) declaration is impurities given for the residual solvents limits or present in drug substance and excipient</p> <p>iii) Information on components are generally not provided</p> <p>iv) Comparability protocol not provided</p> <p>v) Methods validation packages are not provided</p> <p>vi) Certificate of suitability obtained from EDQM are attached with this section</p> <p>vii) Bovine Spongiform Encephalopathy (BSE) and Transmissible Spongiform Encephalopathy (TSE) certificate are not attached</p>	<p>i) Executed batch record and blank master batch record for manufacturing and packaging are provided</p> <p>ii) According to USP declaration is impurities given for the residual solvents limits or present in drug substance and excipient</p> <p>iii) Information on components including and not limited to applicant and suppliers COA for drug substance lots, package material etc. are provided) Comparability protocol are provided</p> <p>iv) Comparability protocol are provided v)Methods validation packages are provided</p> <p>vi) Certificate of suitability are not provided</p> <p>vii) BSE and TSE certificate are to be attached</p>
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Table 6: MODULE 5

S. No.	Parameters: For BE studies	India	Europe	US
1	Study design	Two separate (one in fasted state and other in the fed state), Two way cross over design, Parallel design	Randomized, Crossover, Non replicated	Randomized, Crossover, Non replicated
2	Fasting/Fed state studies	Fasting and Fed	Fasting	Fasting and Fed
3	Number of subjects	Minimum number of subjects not less than 16	More than 12 (Min 80% power of acceptance criteria)	Sufficient to achieve adequate power
4	Study dose (test reference)	Made by the manufacturer in or outside India	Made by the manufacturer RLD in Europe	Made by the manufacturer RLD in US
5	Sampling points	12-18 samples to be collected, to be continued upto 3 or more half-lives, atleast 3-4 samples should be collected at Tmax	3-4 samples during terminal log linear phase	3 samples during absorption phase, 3-4 at Tmax, 4 points during elimination phase
6	Reserve sample	Not required	Not required	5 times sample required for analysis
7	Analytical method validation parameters	Stability of the drug, Specificity/Selectivity, Sensitivity, Precision, Accuracy, Recovery, Range and Linearity	Precision, Intermediate precision, Accuracy, Repeatability, Detection, Limit of Quantitation (LOQ), and Linearity range	Accuracy, Precision, Sensitivity, Selectivity, Reproducibility, Calibration curve, LOQ and Stability

8	Moieties to be measured in plasma	Active drug/Metabolite	Active drug/ Metabolite if Applicable	Active drug/ Metabolite if applicable
9	Pharmacokinetics Parameters	For plasma-time concentration curve: C _{max} , T _{max} , AUC _{0-∞} , AUC _{0-t} For steady state: AUC _{0-τ} , C _{max} , C _{min}	C _{max} , T _{max} , AUC _{0-t} , AUC _{0-∞} , t _{1/2} , λ _z	C _{max} , T _{max} , AUC _{0-∞} , AUC _{0-t} , t _{1/2} , λ _z
10	Criteria for BE	90% Confidence index, 80.00-125.00% for C _{max} ,	90% Confidence index, 80.00-125.00% for C _{max} , AUC _t , AUC _{0-∞} (For highly variable drugs 75.00-133.00%)	90% Confidence index, 80.00-125.00% for C _{max} AUC _t , AUC _{0-∞}
11	Retention of sample followed	As such no requirements but usually 3 years from priority	As such no requirements but usually 3 years from priority date	5 years from priority date
12	Good Clinical Practices (GCP) requirements	CDSCO GCP guidelines	ICH GCP guidelines	ICH GCP guidelines

Future Prospects

The global adoption of the Bioavailability/Bioequivalence (BA/BE) concept over the past 20 years has significantly advanced the production and approval of high-quality generic drugs. Scientific, technical, and regulatory improvements, such as replicate study designs, the Biopharmaceutics Classification System (BCS), and scaled average BE, have enhanced the evaluation of BE for various complex drugs. This success is largely due to collaborative efforts from international regulatory authorities, pharmaceutical and academic researchers, and organizations like ICH and WHO. However, there is still a need for further global harmonization of BA/BE approaches. Key areas to focus on include standardizing nomenclature, refining test procedures, addressing outliers, agreeing on BE criteria, and ensuring long-term product quality for both innovator and generic drugs. Continued efforts from international health organizations, the pharmaceutical industry, and regulatory bodies are essential to developing more efficient, scientifically valid, and cost-effective methods for assessing BE, which will ultimately improve the development and approval process for generic drugs worldwide.

Conclusion

In conclusion, generic drug companies play a crucial

role in making healthcare more affordable by bringing generic versions of innovator drugs to the market quickly and at lower costs. These drugs are rigorously tested and regulated to ensure they meet the same standards of safety and efficacy as their branded counterparts, although differences in composition may exist, typically limited to excipients. The approval process for generics, regulated by authorities such as the USFDA, EDQM, and CDSCO, involves an extensive evaluation to ensure the safety and effectiveness of the drugs reaching the market.

The Abbreviated New Drug Application (ANDA) format, widely used in the US, Europe, and India, provides a structured way for manufacturers to submit their generic drug applications. Despite efforts toward global harmonization, significant differences remain in the regulatory requirements and review processes across these regions. The Common Technical Document (CTD) format helps streamline submissions, but administrative requirements, particularly in Module 1, differ between countries. Each regulatory authority has its own unique procedures for handling drug submissions, from the composition of review teams to timelines and the specifics of the approval process.

This work highlights the comparison of regulatory guidelines across the US, Europe, and India, providing valuable insights into the various parameters involved in filing generic drugs in these regions. Understanding these differences is critical for pharmaceutical

companies and academics to navigate the regulatory landscape effectively. The US is considered to have the most stringent drug approval process, requiring manufacturers to provide substantial proof of a drug's safety and effectiveness. In Europe, three distinct approval procedures are followed: centralized, decentralized, and mutual recognition procedures. Meanwhile, in India, the CDSCO plays a key role in regulating and approving generic drugs. This comparative analysis underscores the challenges and complexities involved in achieving generic drug approval in different regulatory environments.

Glossary and Abbreviation of Pharma Terms

Adverse event Any adverse occurrence in the health of a clinical trial subject who is administered a drug, that may or may not be caused by the administration of the drug, and includes an adverse drug reaction.

AUC (area under the curve) The area under the concentration versus time curve.

AUCI (AUC to infinity) The area obtained by extrapolating to infinity the AUC. This can be calculated by adding CT/λ to AUC where CT is the estimated last quantifiable concentration and λ is the terminal disposition rate constant.

AUC ratio The ratio of geometric means of the test and reference AUCs. It is calculated as the antilogarithm of the difference between the means of the logarithms (ln) of the test and reference AUCs

AUC_{Reftmax} The area under the curve, for a test product, to the time of the maximum concentration of the reference product, calculated for each study subject.

AUC_t (AUC to the last quantifiable concentration) The area under the concentration versus time curve to the time of the last quantifiable concentration.

AUC_{tau} (AUC over a dosing interval) Area under the concentration versus time curve at steady state, over the dosing interval in a multiple-dose study.

AUC_{0-72h} (AUC to 72 hours) The area under the concentration versus time curve from time 0 to 72 hours.

CDSCO The Central Drugs Standard Control Organisation (CDSCO) under Directorate General of Health Services, Ministry of Health & Family Welfare, Government of India is the National Regulatory Authority (NRA) of India.

iCF informed consent form

iEC independent ethics committee

iRB institutional review board

RLD reference listed drug

USFDA The United States Food and Drug Administration is a federal agency of the Department of Health and Human Services in US.

Conflict of interest

There are no conflicting interests, as the authors have stated.

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